



## The relationship between parental perception of play and fundamental movement skills in 7 to 9 years old children

*Poster Presentation*

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### Abstract

**Introduction:** Man is an active being with psychological needs, different intrinsic motivations, and an innate tendency to dominate his surroundings. Therefore, parents help to meet these needs with their support and provide the basis for achieving high levels of well-being in individuals. Thus, given the importance of developing basic motor skills and parents' attitude to children's play in the overall development of children, this question is asked whether there is a relationship between parents' attitudes toward play and children's basic motor skills?

**Methods:** The aim of this study was to investigate the relationship between parental perceptions of play and basic motor skills of children in grades 7 to 9 years. Due to the nature of the subject, this research is a descriptive-analytical study. The statistical population of this study was 100 children aged 7 to 9 years in Tabriz city selected randomly according to Morgan table. In this study, the parental perceptions of play questionnaire and Ulrich's test of gross motor development-2nd edition, were used to collect information. Research data were analyzed using the Pearson correlation test to determine the relationship between variables ( $P < 0.05$ ).

**Results:** Findings showed that there is a significant relationship between parental perceptions of play with the aim of support and displacement skills, object control, and motor development of children aged 7 to 9 years ( $P = 0.03$ ). Also, research findings showed that there is a significant relationship between parental perceptions of play with the academics focus and displacement skills, object control, and motor development of children aged 7 to 9 years. ( $P = 0.04$ )

**Conclusion:** Because parental perceptions of play have an essential role in the development of children's motor skills, therefore it is important to create a positive attitude of parents to play and develop children's basic skills.

### Keywords

Parent; Perception to Play; Fundamental Movement Skill

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