



Identifying the factors affecting the attitude of school principals (Ahvaz city) towards the importance of physical education lessons

Poster Presentation

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Abstract

Introduction: Physical education as one of the main indicators of education plays an important role in the process of physical and mental development of students and is a curriculum designed in school curriculums that helps them to acquire the required skills and knowledge. Grow and develop to participate in an active and healthy life (1).

Methods: This research was descriptive-survey and applied in terms of purpose, which was done by field method. The statistical population of this study was all principals and deputies of schools in Ahvaz (N = 450). The statistical sample was selected based on Morgan table (350 people) by available sampling. To collect data, first a semi-structured interview with experts (10 people) was conducted to design a questionnaire which included 4 demographic questions and 45 questions about the factors affecting the attitude of school principals (Ahvaz city) towards the importance of physical education course, which was scored based on 5 Likert scale and distributed electronically in WhatsApp groups of school principals in Ahvaz and 316 healthy questionnaires were given. The content validity of the questionnaire was examined by 7 sports management experts. The reliability value was also obtained based on Cronbach's alpha coefficient for the questionnaire of 0.97. For exploratory and confirmatory factor analysis, SPSS and SmartPLS software were used.

Results: The findings showed that eight factors were identified as effective factors in the attitude of school principals (Ahvaz) towards the importance of physical education (Factors of attitude towards sports teacher, development of motor skills, performance of officials, manager's interest in sports, facilities, and equipment, attitude towards sports competitions, social development and self-fulfillment). Also, the results of factor prioritization showed that the attitude towards the sports teacher had the highest variance of 25.465% and the self-fulfillment factor had the lowest variance of 3.469%.

Conclusion: The results of the research can help to improve the attitude of managers through coherent planning with the developmental needs of each degree and provide facilities and attention to the physical education curriculums.

Keywords

Attitude; Physical education; school principals

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